

# The North Star

Japanese Reiki for the Western World  
Professional healing courses & treatments

## Reiki Practitioner Course - Part 1 - Reiki First Degree - Shoden

Date: \_\_\_\_\_ (fill in the date you wish to attend)

This is effectively a two day course:

- One day (at least) is spent on pre-course study in the comfort of your own home.
- One day is spent receiving empowerments & doing practical energy work, putting what you have learnt into practice at the course venue with the teacher & other students.

### Pre-day course Study Pack

This is sent prior to the day course - about 3 weeks, depending on when you book, & consists of a comprehensive 170 page manual & 2 audio CD's. You will be asked to focus on specific parts of the manual so that you arrive on the day course well prepared.

### Day Course

Most of the day will focus on practice rather than theory. You will receive 3 Reiju empowerments that will 'connect' you to Reiki for life & enable you to channel this wonderful healing energy. You will learn to feel energy, practice energy & self treatment meditations, & learn how to give a Reiki treatment.

### Venue

The course will be held at The Zentist, 76 Gillygate, York, YO31 7EQ  
Telephone: 01904 622706  
E-mail: tracey@thenorth-star.co.uk

### Course Times

Arrive from 9.30am for refreshments. The course will start no later than 10am & will finish at approximately 5.30pm.

### Course Fee

The fee for Part 1 of the Practitioner Course is **£140**. This includes tuition, your manual, 2 audio CD's & your certificate. A deposit of **£70** is required to secure your place, which is non-refundable & non-transferable.

**If you cancel & wish to re-book you must pay a re-booking fee of £40.**

May I suggest you take out your own insurance to cover this.

[www.thenorth-star.co.uk](http://www.thenorth-star.co.uk)

[tracey@thenorth-star.co.uk](mailto:tracey@thenorth-star.co.uk)

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I wish to attend the Reiki First Degree (Shoden) Course on \_\_\_\_\_ (date)

I enclose a deposit of £70 to secure my place.

**Please note: the deposit is non-refundable & non-transferable.**

Name (as you wish it to appear on your certificate) \_\_\_\_\_

Tel \_\_\_\_\_ e-mail \_\_\_\_\_

Address \_\_\_\_\_

Postcode \_\_\_\_\_

Payment by cash/cheque only. Please make cheques payable to **Tracey Campbell**.

Return slip with payment to: Tracey Campbell, The Zentist, 76 Gillygate, York, YO31 7EQ.